

2023 NorCal Level 3 State Gymnastics Championships

(YOUNGEST to OLDEST)

Fri, November 17		Saturday, November 18		
Session 1	Sess 2 – LEVEL 3	Sess 3 – LEVEL 3	Sess 4 – LEVEL 3	Sess 5 – LEVEL 3
Level 3 starts with Session 2	Open Stretch 5:30 pm	Open Stretch 8:00 am	Open Stretch 11:30 am	Open Stretch 3:00 pm
	March In 5:50 pm	March In 8:20 am	March In 11:50 am	March In 3:20 pm
	Age Groups Child A-F	Age Groups Child G-K	Age Groups Junior A-E	Age Groups Junior F-J
	6 yrs to younger 8 yrs	mid 8 yrs	older 8 to younger 9 yrs	mid 9 yrs
	Birthdate Range 11-4-15 to 12-31-17	Birthdate Range 5-20-15 to 11-3-15	Birthdate Range 10-26-14 to 5-19-15	Birthdate Range 5-16-14 to 10-25-14

Sat, Nov 18	Sunday, November 19		
Sess 6 – LEVEL 3	Sess 7 – LEVEL 3	Sess 8 – LEVEL 3	Sess 9 – LEVEL 3
Open Stretch 6:30 pm	Open Stretch 8:00 am	Open Stretch 11:30 am	Open Stretch 3:00 pm
March In 6:50 pm	March In 8:20 am	March In 11:50 am	March In 3:20 pm
Age Groups Junior K-O	Age Groups Senior A-E	Age Groups Senior F-J	Age Groups Senior K-O
older 9 to younger 10 yrs	mid 10 yrs	older 10 to younger 11 yrs	older 11 yrs & older
Birthdate Range 10-31-13 to 5-15-14	Birthdate Range 4-26-13 to 10-30-13	Birthdate Range 6-21-12 to 4-25-13	Birthdate Range 1-1-08 to 6-20-12

Admission Prices			Meet Location	Hotels & Info
Doors open 1:00 Fri & 7:30 Sat/Sun	Single Session	Per Day	Capital Sports Center 5209-A Luce Avenue McClellan, CA 95652	See website www.TechniqueGym.com
Adults (16+)	\$15	\$25		
Kids (6-15) or Seniors (65+)	\$10	\$15		
Kids 5 & under	Free	Free		

Current as of 11/11/2023