## NorCal Level 5 State Gymnastics Championships

November 10 & 11, 2012 (OLDEST Saturday morning to YOUNGEST Sunday evening)

## **Saturday Session Information**

Session 1	Session 2	Session 3	Session 4
Open Stretch 8:00 am March In 8:20 am	Open Stretch 11:45 am March In 12:05 pm	Open Stretch 3:15 pm March In 3:35 pm	Open Stretch 6:45 pm March In 7:05 pm
		-	Awards 10:00 pm
Age Groups 12C, 12D, 13A, 13B, 14+	Age Groups 11E, 11F, 12A, 12B	Age Groups 11A, 11B, 11C, 11D	Age Groups 10F, 10G, 10H, 10I
Birthdate Range 1-1-92 to 6-26-00	Birthdate Range 6-27-00 to 4-8-01	Birthdate Range 4-9-01 to 11-10-01	Birthdate Range 11-11-01 to 3-29-02

## **Sunday Session Information**

Session 5	Session 6	Session 7	Session 8
Open Stretch 8:00 am	Open Stretch 11:30 am	Open Stretch 3:00 pm	Open Stretch 6:30 pm
March In 8:20 am	March In 11:50 am	March In 3:20 pm	March In 6:50 pm
			Awards 10:00 pm
Age Groups	Age Groups	Age Groups	Age Groups
10B, 10C, 10D, 10E	9E, 9F, 9G, 10A	9A, 9B, 9C, 9D	7/8A, 8B, 8C, 8D
Birthdate Range	Birthdate Range	Birthdate Range	Birthdate Range
3-30-02 to 9-16-02	9-17-02 to 4-20-03	4-21-03 to 11-15-03	11-16-03 to 11-11-05

Admission Prices (Visa & MCard accepted)			Meet Location	Hotels & Info
Doors open at 7:30 am	Single Session	Day or Weekend	Folsom High School	See website
Adults (18-64)	\$10	\$20	1655 Iron Point Road	www.techniquegym.com
Kids (6-17) or Senior (65+)	\$7	\$15	Folsom, CA 95630	www.teeminquegym.eem
Kids 5 & under	Free	Free		