

2019 NorCal Xcel Silver-Diamond North State Gymnastics Championships

(OLDEST to YOUNGEST within level)

Fri, April 5	Saturday, April 6			
Sess 1 – Xcel DIAM & PLAT	Sess 2 – Xcel PLATINUM	Sess 3 – Xcel GOLD	Sess 4 – Xcel GOLD	Sess 5 – Xcel GOLD
Open Stretch 5:30 pm	Open Stretch 8:00 am	Open Stretch 11:30 am	Open Stretch 2:45 pm	Open Stretch 6:00 pm
March In 5:50 pm	March In 8:20 am	March In 11:50 am	March In 3:05 pm	March In 6:20 pm
Age Groups XD Jr/Sr & XP Sr A-D	Age Groups Junior A-E	Age Groups Senior A-E	Age Groups Junior A-E	Age Groups Child A-E
All XD & XP older 14 & older	9 yrs to younger 14 yrs	older 13 yrs & older	older 12 to younger 13 yrs	8 yrs to younger 12 yrs
Birthdate Range - All XD & XP 10-1-00 to 7-20-04	Birthdate Range 7-21-04 to 4-1-09	Birthdate Range 6-1-02 to 10-3-05	Birthdate Range 10-4-05 to 1-13-07	Birthdate Range 1-14-07 to 5-1-10

Sunday, April 7			
Sess 6 – Xcel SILVER	Sess 7 – Xcel SILVER	Sess 8 – Xcel SILVER	Sess 9 – Xcel SILVER
Open Stretch 8:00 am	Open Stretch 11:15 am	Open Stretch 2:30 pm	Open Stretch 5:45 pm
March In 8:20 am	March In 11:35 am	March In 2:50 pm	March In 6:05 pm
Age Groups Senior B-F	Age Groups Junior D-G & Senior A	Age Groups Child F-G & Junior A-C	Age Groups Child A-E
older 12 yrs & older	older 11 to younger 12 yrs	older 10 to younger 11 yrs	7 yrs to younger 10 yrs
Birthdate Range 7-1-01 to 8-1-06	Birthdate Range 8-2-06 to 10-1-07	Birthdate Range 10-2-07 to 10-7-08	Birthdate Range 10-8-08 to 2-1-12

Admission Prices			Meet Location	Hotels & Info
Doors open 5:00 Fri & 7:30 Sat/Sun	Single Session	Per Day	Jackson Sports Acad (Capital Sports Complex) 5209-A Luce Avenue McClellan, CA 95652	See website www.TechniqueGym.com
Adults (16+)	\$10	\$20		
Kids (6-15) or Seniors (65+)	\$7	\$15		
Kids 5 & under	Free	Free		

Current as of 3/20/2019