

What to bring and wear:

- Lunch / water bottle
- Play clothes / tennis shoes
- Sweatshirt
- Bathing suit & towel
- Bike helmet (rock climbing)

A²Camps do not permit campers to bring electronics or additional money to camp (other than for lunch). If brought to camp, these items will be set aside and returned to parents at pick up time.



About Our Camp:

Our camps are designed to keep kids active while they are not in school by providing campers with new adventures and fun activities. They have an opportunity to experience other sports, creative arts, group projects and meet new friends. Camps are offered during summer school breaks as well as most non-instructional school days. Technique camps are located at Technique Gymnastics' 38,000 square foot facility in the Sacramento Sportsplex.

Campers gather, eat lunch and work on group projects in our new Adventure and Activity Club. The rest of the time they have a choice of activities in our facility or the other Sportsplex facilities. Technique Camps are for ages 5 - 12 and run from 9am to 4:30pm. We have FREE extended care from 8-9am and 4:30-5:30pm. Visit us at www.techniquegym.com

Example of a Daily Schedule

8:00am early care

9:00am group stretch and warm-up

9:30am games

10:30am off-site

12:00pm lunch

12:30pm open gym

1:00pm swimming

2:00pm gymnastics

3:30pm craft project

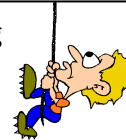
4:00pm quiet activity time

5:30pm end of day!



Off-site activities will be held at various times and are subject to change.

Don't miss out and an exciting and adventurous summer!



Summer Camps 2010
June 7th - August 20th

Technique A² Camp is your child's holiday & summer destination where every moment will have an adventure and a purpose!

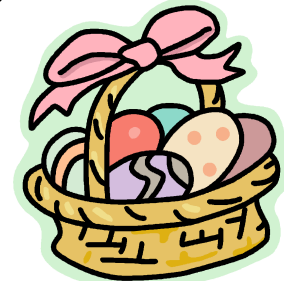
TECHNIQUE
Adventure & Activity Camp

Join Technique

A² Camp for

Spring Break
Camp!

March 29th – April
2nd, 2010
Where the adventure
begins...



Ages 5-12

TECHNIQUE
GYMNASTICS

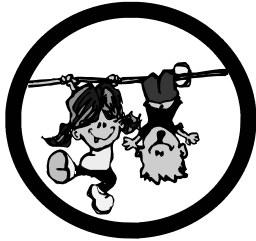
11345 Folsom Blvd.
Rancho Cordova, CA
(916) 635-7900
techniquegym.com

A² Spring Break Camp

March 29 - April 2, 2010

9:00am - 4:30pm

Free Extended Care
8:00-9:00am and 4:30-5:30pm



Our recreational based programs are designed to keep your child in motion during off-track times, throughout the summer, and after school. Our weekly activities include:

- Rock Climbing
- Active Games
- Egg Hunt
- Gymnastics
- Open Gym
- Hip Hop
- Arts and Crafts
- Indoor Swimming
- Snacks
- Sky High Trampolines

...AND MUCH MORE!

*Use A²C's exciting programs as gifts for the holidays, birthdays, or any day!



Tuition

The Egg Hunt Special!

\$190.00/5 days

(MUST register on or before March 22nd)

Late Bunny Rate

\$200.00/5 days (after March 22nd)

Pay by the Painted Egg: \$45.00 (Daily Tuition)

Sibling Discount: \$5.00 off total amount.

Healthy and delicious lunches can be purchased through us for \$4 a lunch.

Please note that all fees are

NON-REFUNDABLE.



Follow these steps to register:

- Fill out the registration form.
- Turn in the form with your deposit of \$35.00 (check or Visa/MC).

Once we receive your registration, you will receive a packet with waivers that need to be filled out before your child can participate.

Please mail, drop off or fax registration form to:

Technique Gymnastics

Attn: Spring Break Camp

11345 Folsom Blvd.

Rancho Cordova, CA 95742



Fax **916-635-4940**

TECHNIQUE CAMPS

Please check one of the following:
I am registering for ...

- The full week** (\$190.00 or \$200.00 if late)
- Specific Days** (marked below)
 - Monday** **March 29**
 - Tuesday** **March 30**
 - Wednesday** **March 31**
 - Thursday** **April 1**
 - Friday** **April 2**

Name(s) of Participant's

Age's

Address

City

State

Zip

Home Phone

Cell Phone

Name of Parent or Legal Guardian

Parent's Email

Enclosed is:

- Cash
- Check
- Credit Card

Don't miss out
on the FUN!



Credit Card #

Exp. date

V-Code

Signature

